

2011-12 Recycling Guide

**As Seen In
The 2012 AT&T
Real Yellow
Pages!**



Keep Truckee Meadows Beautiful

www.ktmb.org

For 20 years Keep Truckee Meadows Beautiful (KTMB) has been the area's only nonprofit dedicated to creating a cleaner, more beautiful region through education and active community involvement.

KTMB's current programs include: Adopt-A-Spot, Adopt-A-Park, Christmas Tree Recycling, Phone

Book Recycling, Litter Index, Neighborhood and Open Space and River Cleanups, educational Paper Making Workshops and "Waste Warriors™."

For more information on how you can get involved, visit blogktmb.org, e-mail staff@ktmb.org or call 775-851-5185.

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Recycling Resources in Your Community

Reno/Sparks/Washoe County

Keep Truckee Meadows Beautiful
www.ktmb.org
 775-851-5185
 Email: staff@ktmb.org

Washoe County Health District
www.washoecounty.us
 775-328-2434

Reno Direct
www.cityofreno.com
 775-334-INFO (4636)
 Email: renodirect@cityofreno.com

Incline Village

Incline Village General Improvement District
www.ivgid.org/conservation
 775-832-1284
 Email: wastenot@ivgid.org

Carson City

Carson City Public Works
 775-887-2355

Rural Areas/Statewide Recycling Information

Nevada Division of Environmental Protection
www.nevadarecycles.gov
 Recycling Hotline:
 1-800-597-5865

KTMB is a private, non-governmental organization dedicated to creating a cleaner, more beautiful region through education and active community involvement. Find out more at ktmb.org.

The 3 Rs And Why They Are So Important

Using the 3Rs reduces landfill waste, saves natural resources and promotes a culture of sustainability.



Reduce

Junk Mail

Remove yourself from mailing lists and stop receiving unwanted mail. Simply contact the businesses you wish to cancel to request removal of your name.

Packaging: Less vs. More

Many manufacturers over-package products. Take a little extra time to choose items that are not overly packaged. Avoid single serving items.

Be Conscious of Your Water Usage

We live in a desert climate and water is scarce! Little things like turning off your faucet while brushing your teeth or watering your lawn on designated watering days can make a big difference.

Reuse

Paper vs. Plastic Bags

Just say NO! Instead of using either paper or plastic, bring your own reusable bag!

Bring Your Own Mug

Consider carrying your own coffee mug. Also, remember to take reusable dishware on picnics!

Reusable vs. Disposable

Purchase items in refillable containers. Choose products that are packaged using recyclable materials. Avoid "single use" products. Use durable, reusable items such as cloth instead of paper napkins.

Household Items

Goodwill, The Salvation Army and many other thrift stores are great places to donate used clothing and household items that can be used again rather than ending up in our landfills.

Recycle

Plastic Bag Recycling

Look for plastic bag collection containers inside the door of participating grocers. See page 8 of this guide for participating grocers and other locations.

Packing Materials

Your local mailbox and shipping retailers are happy to accept clean shipping materials such as styrofoam packing "peanuts," plastic air bags and bubble wrap.

Buy Goods Made From Recycled Materials

Don't put recyclable items in the trash. Know your community recycling guidelines.

Area Transfer Stations and Landfills



1. Lockwood Landfill
775-342-0401

2401 Canyon Way, Sparks
Hours: Monday-Friday 8:00am-4:30pm

7. Carson City Landfill
775-882-6066

3600 Flint Dr, Carson City
Hours: 7:30am-5:00pm Mon-Sat, Closed Sun

2. Incline Village Transfer Station
775-831-2971

1076 Tahoe Blvd. Incline Village
Hours: 8:00am-4:30pm Mon-Fri,
8:00am-4:00pm Sat & Sun

8. Virginia City Transfer Station
775-882-3380

Corner of Washington and R Street
Hours: 8:00am-4:00pm Thurs-Sat

3. Reno Transfer Station
775-329-8822

1390 E. Commercial Row, Reno
Hours: 6:00am-6:00pm Mon-Sat,
8:00am-6:00pm Sun

4. Stead Transfer Station
775-329-8822

13876 Mt Anderson, Reno
Hours: 8:00am-4:00pm Mon-Sat, Closed Sun

5. Dayton Transfer Station
775-329-8822

3000 Hwy 50 Dayton
Hours: 8:00am-4:30pm
Mon, Tues, Wed, Sat, Sun,
Closed Thurs & Fri

6. Fernley Transfer Station
775-329-8822

1100 Hwy 95A South Fernley
Hours: 8:00am-4:30pm Mon-Sun



Why Illegal Dumping is a Problem and How to Report It

What is "Illegal Dumping?"

Illegal dumping is the dumping of any solid waste, including junk vehicles, garbage, rubbish, construction/ demolition debris, yard debris or other refuse at a place other than designated for such purpose.

Report Illegal Dumping

To report illegal dumping call the Washoe County Sheriff's Illegal Dumping Hotline at 775-329-DUMP. Do not remove items from the dump site! Investigators need the dump site intact for evidence purposes.

For more information on illegal dumping in Nevada visit:
<http://ndep.nv.gov/bwm/illegaldumping.htm>
<http://www.ktmb.org>
<http://www.donttrashnevada.org>
<http://www.washoecounty.us>

Why is Illegal Dumping a Public Health Problem?

Decomposing garbage and other solid wastes can provide food and habitat for rats, other rodents and disease spreading vectors. A vector is an insect or animal



that has the potential to carry disease.

- Hazardous materials illegally dumped can get into the water supply and create downstream health affects on people, animals and the environment.
- Illegal dumping creates eyesores on our streets and open spaces, reducing our quality of life, decreasing property values, and eroding a sense of safety and well-being in our communities.



Metals Recycling

Most white goods and other scrap metal, including unwanted vehicles, can be recycled for free. In some cases a metal collection company will pay for your unwanted white good items.

For more information go to ktmb.org or call the recycling hotline at 1-800-597-5865.

White goods include:

- Dishwashers
- Stoves/Heaters
- Refrigerators
- Other major appliances
- Washers/Dryers

Residential Curbside Recycling

Due to the variety of different curbside recycling programs, please contact the recycling resources in your community listed on page 1 of the recycling guide for more detailed information.



What can be recycled curbside

- Aluminum, steel & tin
- Plastic bottles
- Magazines
- Newspapers
- Telephone books
- Glass bottles and jars: green, brown and clear



What cannot be recycled curbside

- Light bulbs of any kind
- Drinking glasses
- Plastic bags
- Junk mail and cardboard



How To Prepare Recyclables

- | | |
|--|---|
| Glass | Remove the caps, not necessary to remove labels. |
| Aerosol Cans | Cans must be empty. |
| Aluminum and Steel Cans | Remove caps, flatten aluminum and steel cans, not necessary to remove labels. |
| Catalogs, Magazines and Newspaper | Place in brown paper bag on top of recycling containers. Do not place these items at curbside during wet weather. |
| Plastic bottles | Regardless of number, remove caps and flatten, not necessary to remove labels. |

Blue Bag Program

in Incline Village & Crystal Bay

All residents of Incline Village and Crystal Bay with current curbside recycling can recycle in 4 easy steps!

- 1.** Rinse off all food residue.
- 2.** Place all recyclable materials into a blue bag.
- 3.** Tie the blue bag securely.
- 4.** Set blue bags curbside after 5 a.m. on the day of service only.

What can be recycled...

- Glass (all colors)
- Aluminum Cans/Aluminum Foil
- Steel/Tin Cans
- Clean Mixed Paper including Envelopes, Junk Mail, All White or Colored Office Paper, Newspaper, Magazines and Paper Bags.
- Corrugated Cardboard flatten/cut into smaller pieces – it must fit in the blue bag.
- Paperboard including food packaging such as Cereal Boxes, Soda Boxes, Paper Towel Rolls and Egg Cartons.
- Ridged Plastics. Laundry Baskets, Snow Toys, etc. – must fit in the blue bag.
- Plastics #1 - #7 all shapes and sizes with numbers found on the bottom of containers.

What cannot be recycled...

- Styrofoam
- Paper Plates or Coffee Cups
- Wax Coated or Food Stained Boxes such as Pizza boxes
- Drinking Glasses
- Green Waste
- Mirrors
- Ceramics
- Juice Boxes
- Milk Cartons
- Aseptic Packaging
- Hazardous Waste
- Medical Waste
- Food
- Window Glass
- Dishes
- Crystal
- Light Bulbs
- Plastic Bags

Tahoe Supply Company
872 Oriole Way
775-831-6395

Spitzen Lumber
1054 Tahoe Blvd
775-831-1141

Raley's Supermarket
930 Tahoe Blvd

Ace Hardware
930 Tahoe Blvd

Village Market
898 Tanager St.

For more
information about the
Blue Bag Program contact
Waste Not at 775-832-1284
email: wastenot@ivgid.org
www.ivgid.org/conservation

Recycling Drop-Off Centers

For multi-family and other residences that do not have curbside recycling.

Aluminum, Steel, Tin, Plastic Bottles, Newspaper, Magazines, Telephone Books, Corrugated Cardboard and Junk Mail/Mixed Paper at the following **Recycling Centers:**

Incline Village

- 1. Incline Transfer Station**
1200 Sweetwater Rd.
Incline Village
Phone: 775-831-2971
Hours: Mon-Fri 8am-4:30pm
Sat and Sun 8am-4pm

Reno

- 2. Recycle America**
1100 E. Commercial Row, Reno
Hours: Mon-Fri 8am-4:30pm

Sparks

- 3. Recycle America**
1455 E. Greg St, Sparks
Mon-Fri 8am-4:30pm

Fernley

- 4. Fernley Transfer Station**
1100 Hwy 95A South Fernley
Hours: Mon-Sun 8am-4:30pm
* Will also take used oil
and batteries

Dayton

- 5. Dayton Transfer Station**
3000 Hwy 50 Dayton NV
Hours: Mon, Tues, Wed, Sat, Sun
8:00am-4:30pm
Closed Thurs & Fri
Has 4yd bins for public recycling

Carson City

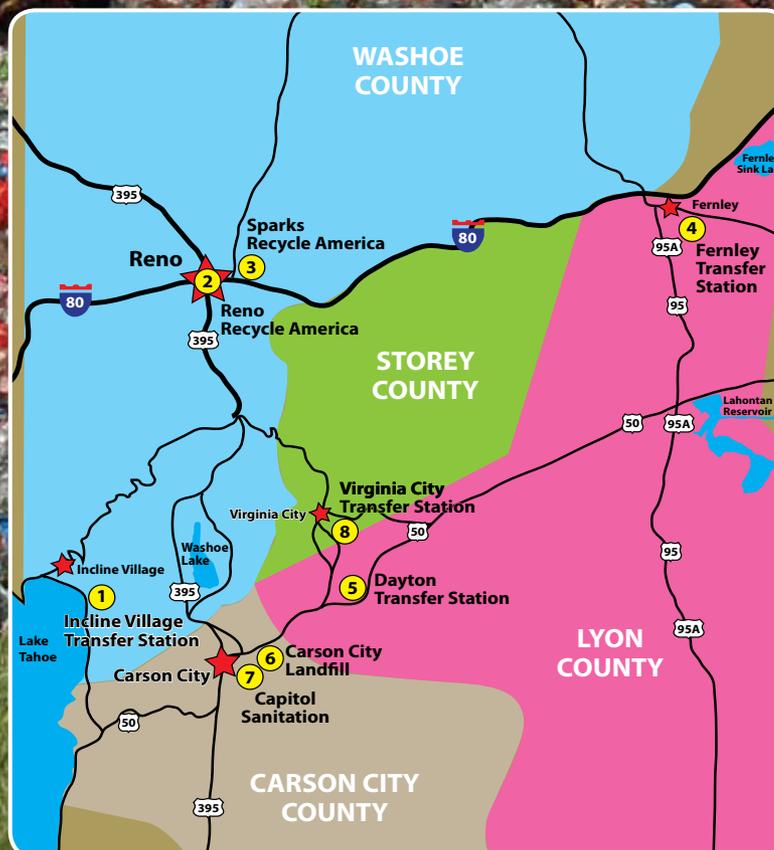
- 6. Carson City Landfill**
3600 Flint Dr, Carson City
Phone: 775-882-6066
Hours: Mon-Sat,
7:30am-5:00pm, Closed Sun

7. Capital Sanitation Co.

5560 Sheep Dr, Carson City
Phone: 775-882-3380
Hours: Mon-Fri 8am-5pm

Virginia City

- 8. Virginia City Transfer Station**
Corner of Washington & R Street
Phone: 775-882-3380
Hours: Thurs-Sat 8am-4pm



For more information about commercial and apartment recycling opportunities, please contact the recycling resources in your community listed on page 1 of the recycling guide.

What Happens to Recyclables?



Plastic Recycling

Plastics are made from oil and natural gas and do not decompose in the environment. Many are safe to re-use, while others are made with chemicals that are not approved for re-use (e.g. reuse for drinking, putting leftovers in, etc.). The type of plastic is coded on the bottom of plastic containers.

Remember: Only plastic bottles are recyclable in our community (with the exception of Incline Village). To reduce plastic waste, don't buy so much of it (e.g. buy a liter bottle instead of a six pack) and reuse the plastic you already have.

- | | |
|--|---|
| <p> PET (polyethylene terephthalate)
Single use water bottles, safe and recyclable</p> | <p> PP (polypropylene)
Food storage containers, safe</p> |
| <p> HDPE (high-density polyethylene)
Milk bottle, safe and recyclable</p> | <p> PS (polystyrene)
Some food containers, avoid, can leach styrene a possible human carcinogen</p> |
| <p> Vinyl or PVC (polyvinyl chloride)
Avoid, some products can leach lead and phthalate plasticizers into foods</p> | <p> Miscellaneous
Includes PC (polycarbonate)
Food containers, questionable, composed of hormone-disrupting bisphenol A.
PLA (polylactide)
(renewable plant resources) Food containers & eating utensils, safe, can be composted</p> |
| <p> LDPE (low-density polyethylene)
Plastic bags, safe and recyclable at most supermarkets and other retailers</p> | |

Bag Recycling

Many area retailers offer plastic bag recycling at kiosks just inside their front doors. These plastic bags are recycled into plastic outdoor materials, such as decking and boardwalk material. Area retailers that offer plastic bag recycling include:

- | | |
|-------------|-------------|
| ■ JCPenney | ■ Scolari's |
| ■ Raley's | ■ Smiths |
| ■ Safeway | ■ Wal-Mart |
| ■ Save Mart | ■ WinCo |

Paper bags can be recycled with newspaper and magazines curbside or in the "Newspaper and Magazine" bin at recycling drop-off locations.

Natural and energy resources are required to produce plastic and paper bags. Most stores now offer reusable bags at an economic price. Buy a few of these bags and keep them in vehicles, so the next time you hear "paper or plastic" at the check out you can say, "neither" and save resources.



Shop Smart

Follow these four easy, environmentally friendly steps the next time you go shopping:

1. Buy the largest usable size. Buying in bulk or larger sizes is one of the easiest ways to save money and resources at the same time.
2. Look for items that use a minimum of 30% post-consumer recycled content in their packaging with this symbol .
3. Buy reusable items instead of disposable ones. Use lunch boxes instead of brown bags, reusable mugs rather than Styrofoam® or paper cups, refillable containers in place of disposable ones.
4. BYOB. Bring your own bag when you shop.



Saving money and resources is as easy as 1, 2, 3, 4!



Recycling Used Motor Oil and Filters

Most waste oil collection centers will accept up to five gallons of used oil free-of-charge. Many of the large auto parts retailers will take motor oil from local residents. Most local auto repair and service centers will accept used oil and used oil filters for recycling.

When transporting used motor oil, ensure that the oil is in a secured container free of contaminants such as gasoline, anti-freeze, grease etc.

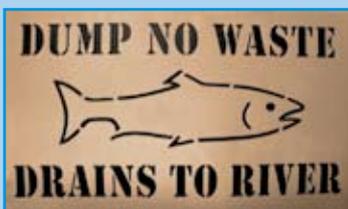
For information in other Nevada communities, call the **State of Nevada Recycling Hotline at 1-800-597-5865.**

What's so important about recycling those oil filters?

Each year the U.S. generates 425 million used automotive oil filters containing 160,000 tons of iron units and 18 million gallons of oil. The reclaimed metal is used to make rebar for construction. What a great resource!

Used oil filters can contain more than 45 percent used motor oil in weight when removed from the vehicle. It's so important to recycle oil filters that it is actually against the law to put them in the trash.

Only Rain in the Storm Drain



Even if you don't live near a river, creek, or slough, what we do in our homes, schools and businesses contributes to water pollution in the rivers and lakes in our community.

A major source of water pollution is urban runoff, which is water washed into the storm drain systems during rainstorms,

from excessive lawn watering and washing our cars in the driveway. Urban runoff doesn't go to the sewer plant to be cleaned but flows untreated directly into our rivers, creeks and lakes.

It's hard for most people to believe rainwater or runoff from sprinklers could be a significant source of pollution. But that water carries with it dirt and toxic pollutants such as automotive fluids, pesticides and fertilizers, trash, grass and leaves, pet waste, and soap from washing our cars in the driveway into the gutters and down the storm drains.

These pollutants impact our water quality, harm fish and wildlife and can pose a threat to public health.

Local residents can help by making sure nothing but rain goes down the storm drains. For more information on the storm drain system and pollution prevention measures:

Reno/Sparks/Washoe County

Washoe County Health District
www.washoecounty.us 775-328-2434

Reno Direct

www.cityofreno.com 775-334-INFO (4636)
Email: renodirect@cityofreno.com

Incline Village

Incline Village General Improvement District
www.ivgid.org/conservation 775-832-1284
Email: wastenot@ivgid.org

Carson City

Carson City Public Works
775-887-2355

Rural Areas/Statewide Recycling Information

Nevada Division of Environmental Protection
www.nevadarecycles.gov
Nevada Recycling Hotline: 1-800-597-5865

For more information visit ktmb.org.

Household Hazardous Waste

Many products found in your home are potentially hazardous substances. Because of their chemical nature, they can poison, corrode, explode, or ignite if handled improperly.

WARNING: DO NOT DISPOSE OF HOUSEHOLD HAZARDOUS WASTE DOWN SINKS, TOILETS, STORM DRAINS OR ONTO THE GROUND.



Examples Of Household Hazardous Waste

In the Home

- Abrasive cleanser
- Scouring powder
- Ammonia-based cleaner
- Chlorine bleach
- Bleach-based cleaner
- Disinfectant
- Drain opener
- Glass cleaner
- Oven cleaner
- Rug and upholstery cleaner
- Spot remover
- Toilet bowl cleaner
- Aerosol spray cans
- Batteries
- Medicines
- Paints & paint thinners
- Floor polish
- Furniture polish
- Mothballs
- Nail polish and remover
- Shoe polish
- Silver polish
- Solvents
- Varnish
- Mercury thermometers

In the Garage

- Anti-freeze
- Motor oil
- Auto and motorcycle batteries
- Engine cleaner and degreaser
- Gasoline and diesel fuel
- Kerosene
- Transmission fluid

Around the Yard

- Chemical fertilizer
- Fungicide
- Herbicide and weed killer
- Insecticide or bug killer
- Flea collars, sprays and bombs
- Rodent poisons
- Roach and ant killers
- Snail and slug bait
- Pool chemicals

See page 20 of this guide for more information on how to properly dispose of paint

How To Handle Household Hazardous Waste...

REDUCE by purchasing only the amount you need.

REUSE the products by donating unused portions to friends

BUY products that are *LESS TOXIC!*

If you have any questions about how to dispose of these materials contact your local community resource:

- Washoe County Health Dist. 775-328-2434
 - H₂O Environmental 775-351-2237
 - Carson City Public Works 775-887-2355
 - Contact your local Transfer Station
- For Information about the handling of commercial hazardous waste contact
- Nevada Small Business Development Center, Business Environmental Program (BEP) at (800) 882-3233 or www.envnv.org
 - CleanHarbors Environmental at 775-624-8060 or www.cleanharbors.com

For more information visit ktmb.org.

Disposing of Paint

Paint can safely be put in the garbage for disposal at a landfill, as long as the paint is dry or solidified.

To hasten solidification, add shredded newspapers, kitty litter or Waste Paint Hardener (available at most hardware stores) to latex paint. Let the paint dry completely in a well-ventilated area and away from children and pets. After the paint has dried, the container may be put in your garbage with the lid off so the garbage hauler knows the can is empty.

If there is just an inch or so of paint in the can, simply pop the lid and leave open can in a well-ventilated area (where children and animals won't get to it). Within a few weeks, the paint will dry and harden. Then you can put the whole can (lid off) out with the regular household garbage.

DO NOT:

- ⊘ Dump the paint on the ground or down storm drains where it will travel directly to surface and/or ground waters.
- ⊘ Pour it down the drain. While small amounts of latex paint can safely be washed down the drain to a septic system or waste water treatment plant, this practice should be kept to a minimum. Limit this to brush cleaning and clean-up.
- ⊘ Throw liquid paint in the regular trash. It may be released from the can when trash is compacted and may seep out of a waste collection vehicle onto your street.



2 Ways to Dry Out Latex Paint



1 First you will need a shallow box.



2 Place a plastic trash liner inside the box.



3 Pour latex paint into plastic lined box.



4 Pour in an equal amount of cat litter.



5 Mix cat litter and paint together completely.



6 Let mixture dry completely and place into your trash.



1 Divide liquid paint into two containers



2 Pour until both cans have equal amounts.



3 Pour in an equal amount of cat litter.



4 Thoroughly mix paint and cat litter.



5 Place in a well ventilated area to dry.



6 Let mixture dry completely and place into your trash.

Battery Recycling

Why Batteries shouldn't go in the garbage

Americans purchase nearly three billion dry-cell batteries every year to power radios, toys, cellular phones, watches, laptop computers, and portable power tools.

Toxic heavy metals in batteries include nickel, cadmium, alkaline, mercury, nickel metal hydride and lead acid, which can threaten life and the environment if not properly discarded. These batteries, because of the materials of which they are made, are considered hazardous waste.



Improperly disposed batteries may cause pollution problems and bio hazards:

- When burned, batteries release vaporized metals to the air that settle on lakes & streams.
- In landfills, heavy metals leach from decomposing batteries into ground water below.
- Lead and corrosive acids pose human and animal hazards as contact produces burns to skin, eyes, etc.

Area Radio Shack, Batteries Plus, Home Depot and Lowe's stores take a variety of batteries. Contact the location nearest you for more details.

Radio Shack

Reno

495 Keystone Ave Ste A
Phone: 775-786-0119

Shoppers Square
299 E Plumb Ln Ste D
Phone: 775-826-6912

Monte Vista Village
9570 S Mccarran 106-108
Phone: 775-787-3200

318 Meadowood Mall
Phone: 775-825-7474

South Town Crossing
Phone: 775-853-9222

North Valleys Shp Ctr
198 Lemmon Dr
Phone: 775-972-4477

Sparks

1525 Oddie Blvd
Phone: 775-359-3310

Silver State Plaza
578 N Mccarran Blvd
Phone: 775-359-6451

Sparks Galleria
131 Disc Dr Ste 101 & 103
Phone: 775-626-7358

Carson City

1229 S Carson St
Phone: 775-883-2228

3147 Hwy 50 E
Phone: 775-882-7585

Fernley

B&A Electronics
1440 Hwy 95a N Ste 5
Phone: 775-575-3660

Incline Village

930 Tahoe Blvd
Phone: 775-831-4343

Lowe's

Reno

5075 Kietzke Ln
Phone: 775-824-4750

Sparks

2450 Oddie Blvd
Phone: 775-356-6333

Carson City

430 Fairview Dr
Phone: 775-881-2460

Home Depot

Reno

2955 Northtowne Ln
Phone: 775-674-2900

6590 S Virginia St
Phone: 775-851-9600

1001 Steamboat Pkwy
Phone: 775-851-6000

Batteries Plus

Carson City

1400 S. Carson St
Phone: 775-884-0566

Reno

4898 So. Virginia St
Phone: 775-825-0566

Sparks

4655 Galleria Pkwy
Phone: 775-354-2245

Carson City

3185 Market St
Phone: 775-886-4455

921 Jacks Valley Rd
Phone: 775-267-3434

For more information visit ktmb.org.

CFL Recycling

Compact Fluorescent Light bulbs should not be thrown in the trash because of their mercury content. Waste Management Inc. collects the "pig tail" shaped lights for free and accepts tubes for a fee at area landfill and transfer station locations.



Drop-off locations for CFL recycling include*:

Recycle America

1100 E. Commercial Row, Reno
Mon-Fri 8:00am-4:30pm

Recycle America

1455 E. Greg Street, Sparks
Mon-Fri 8:00am-4:30pm

Reno Transfer Station

1390 E. Commercial Row, Reno
775-329-8822
Mon-Sat 6:00am-6:00pm,
Sun 8:00am-6:00pm

Stead Transfer Station

13890 Mt. Anderson, Stead
775-329-8822
Mon-Fri 8:00am-4:30pm

Capital Sanitation

5560 Sheep Drive, Carson City
Mon-Fri 8:00am-5:00pm

Dayton Transfer Station

3000 Hwy 50 Dayton
775-329-8822
Mon, Tues, Wed, Sat, Sun
8:00am-4:30pm
Closed Thurs & Fri

Incline Village Transfer Station

1076 Tahoe Blvd., Incline Village
Mon-Fri 8:00am-4:30pm

Fernley Transfer Station

1100 Hwy 95A South Fernley
775-329-8822
Mon-Sun 8:00am-4:30pm

Lockwood Regional Landfill

2401 Canyon Way, Sparks
Mon-Sat. 7:00am-4:30pm

IVGID Waste Not

Hazardous Waste Collection Site
1220 Sweetwater Road
775-832-1284
*Accepts Tubes for Free for Incline
and Crystal Bay residents only

Virginia City Transfer Station

Corner of Washington and R Street
775-882-3380
Thurs-Sat 8:00am-4:00pm
Tues & Thurs 3:00pm-5:00pm

CleanHarbors

Environmental Services
1200 Marietta Way, Sparks, NV
775-331-9400
*Fees may apply

Home Depot stores also collect the "pig tail" shaped lights for free.

Reno

5125 Summit Ridge Court
775-787-9690

2955 Northtowne Lane
775-674-2900

6590 S Virginia Street
775-851-9600

1001 Steamboat Pkwy
775-851-6000

Sparks

4655 Galleria Pkwy
775-354-2245

Carson City

3185 Market Street
775-886-4455

921 Jacks Valley Road
775-267-3434

Visit http://nedp.nv.gov/bwm/cfl_free.htm
for additional CFL drop-off locations

Proper disposal if a CFL breaks



1. Open the window before doing any cleaning and leave open for at least 15 minutes to avoid inhaling mercury vapors. Exit and close the door behind you to prevent children and pets from exposure.
2. Wear rubber gloves and use a stiff paper towel or cardboard to scoop up broken glass and powder and put waste in a sealable plastic bag. Do not use a vacuum or a broom as dust will become airborne.
3. Thoroughly wipe down area with a damp cloth or paper towel.
4. Put everything used for cleanup in the plastic bag with the broken glass and powder. Seal bag.
5. Put the sealed bag into a second sealable plastic bag.
6. Wash hands after cleanup.
7. Contact the recycling resource in your community for collection sites that accept broken bulbs.

If a bulb breaks on carpet or rug, follow the steps above to remove as much material as possible without using a vacuum or broom. Tape is an effective way to pick up powder and small pieces. If vacuuming is still necessary, replace the vacuum bag immediately after using and secure the vacuum bag in two sealed plastic bags before disposal.

For more information visit ktmb.org.

E-Waste

There are hazardous materials "hiding" in most electronics.

Visit ktmb.org and nevadarecycles.gov for upcoming e-waste events to dispose of electronic devices.

Examples of E-Waste:

- Televisions
- Computer monitors
- Laptops and parts
- Computer peripherals: keyboards, printers, scanners, cables, mouse
- Computer parts: towers, desktops, hard drives
- CD ROM /DVD drives
- PC boards
- Copiers
- Fax machines
- DVD players
- PDAs
- Telephones
- Stereo equipment
- VCRs
- Tape players
- Cell phones
- Radios



Televisions and computer monitors contain Cathode Ray Tubes (CRTs) which are hazardous wastes



Televisions and other electronics

Many electronic retailers will take your old electronics for recycling when you purchase new electronics. Be sure to ask your retailer for details on their e-waste recycling program.

If your electronics are no longer in working condition, Waste Management Recycle America at 1100 E. Commercial Row in Reno accepts Sony, LG, Zenith or Goldstar brand electronics including televisions and other e-waste free of charge. All other brands taken to this location will be recycled for a fee. All other landfills, excluding Lockwood Regional Landfill, and transfer stations listed in this guide as well as Sims Recycling, 775-786-8555 and Disability Resources, 775-329-1126 also take electronics for a fee.

If an old television is still in working condition consider donating it to organizations that might find them useful, such as Washoe Arc, Salvation Army, Goodwill, Community Centers, etc.

For more information visit ktmb.org.

Crush, Don't Flush!

How to properly dispose of old drugs so that they don't harm children, pets and water sources.

Crush and dispose of old prescription drugs, aspirin and vitamins by following these easy steps:

1. Take drugs out of the original container
2. Place old drugs on a piece of wax paper and fold the paper over the drugs
3. Use a rolling pin, jar, heavy water glass or meat tenderizer to crush materials
4. Place some dry cat litter or wood shavings in a plastic sealable bag
5. Add crushed drugs into the bag and seal
6. Throw everything in the trash



Carson City Sheriff's Office • Ken Furlong, Sheriff

Anonymous Drug Destruction Program

For some time now, we have seen various news reports from around the country revealing that a myriad of different drugs have been found in the water supply of millions of Americans. This usually comes from:

- drugs that are not fully absorbed by the body,
- drugs that are put into landfills and make their way into wells or water supplies, and
- drugs flushed down the toilet or sink.

And the chemicals in these drugs sometimes mix together to make frightening combinations.

We are fortunate that this problem has not yet hit Carson City. The Board of Supervisors recently passed a resolution encouraging the public and the medical community to participate in a drug destruction program through the Sheriff's Office

Anyone may anonymously turn in drugs of any kind to the Carson City Sheriff's Office for destruction, Monday through Friday, during regular business hours.

We will not ask for name(s) or other identifying information.

We will record identifying information only if the person submitting the drug(s) requests that we do so, to document the submission of these drugs for destruction. This would benefit the medical providers who need to document the destruction of drugs.

If you have no transportation and are unable to come to the station, you may call us at 887-2007 and a member of the Sheriff's VIPs program will be dispatched to pick up the drugs for destruction.

Want to get rid of your drugs or old prescriptions FREE?

No Names, No Hassles, No Handcuffs!

Keep drugs and old prescriptions off of the streets, out of the landfill and the water supply.

If you have any questions, please call our Evidence office at 887-2020, ext. 41450.

Common Questions:

Why crush the drugs before disposal? Why not throw them away in the bottle they came in?

Children and pets may be attracted to the bottles, open them and eat what is inside out of curiosity, making them very ill.

What about liquid drugs, capsules and powdered mixes?

Cat litter makes a perfect absorbent for disposing of old drugs. Liquid drugs, gel caps, crushed tablets, as well as powdered and opened tablet packages can all be combined with cat litter and placed in the trash.



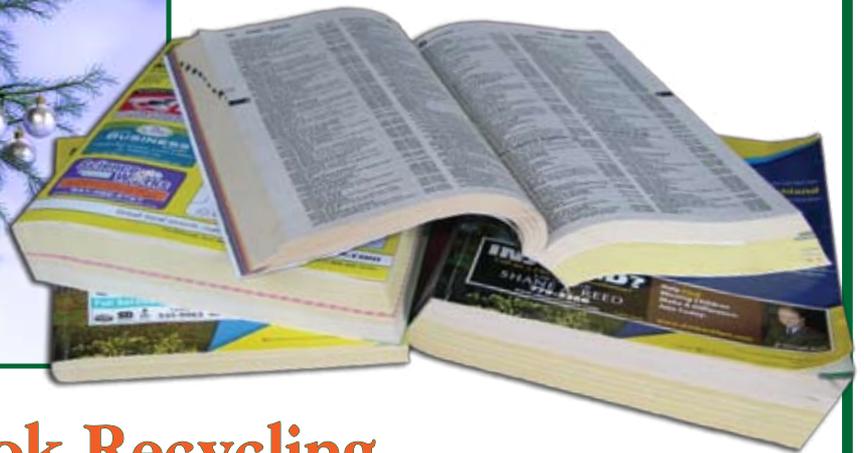
Christmas Tree Recycling



Every year Keep Truckee Meadows Beautiful (KTMB) coordinates the annual Christmas Tree Recycling campaign for the Truckee Meadows area. While providing the community with a convenient means to dispose of cut Christmas trees, this program also preserves landfill space, limits illegal dumping, improves air quality through reduced "green" wood burning, provides mulch for area park and open space projects and models effective conservation practices for our present and future.

For more information please visit www.ktmb.org or call **775-851-5185** for dates, locations and drop-off hours.

Carson City currently has a curbside Christmas Tree recycling program in place and Incline Village has a 24 hour Christmas Tree recycling drop-off location. Contact the recycling resources in your community (see page 2) about Christmas Tree recycling in your area. Or learn more by logging on to www.nevadarecycles.gov.



Phone Book Recycling

Phone book recycling has become an important component in preserving trees, conserving energy resources and reducing waste in our landfills as well as providing paper for more phone books in other communities. For every ton of phone books recycled, 6,953 gallons of water, 463 gallons of oil and enough landfill space to occupy a Volkswagon bug is saved. One ton is the equivalent to 355 AT&T Real Yellow Pages for the Reno, Sparks and Carson City phone

directories. You can recycle your phone books year round on top of your curbside recyclables or at Waste Management Inc. Recycle America locations, Scolari's Food and Drug Company locations, AT&T offices and select park locations during the Phone Book Recycling program which runs November thru December annually. For more information about the Phone Book Recycling program visit www.ktmb.org.

For more information visit ktmb.org.

Composting



Did you know that about 25% of your trash is compostable? Lawn clippings, shrub and tree trimmings, leaves, and food are biodegradable materials just waiting to be returned to the soil. So instead of sending your green and food wastes to the landfill, recycle the natural way, by COMPOSTING! Compost needs four essential ingredients:

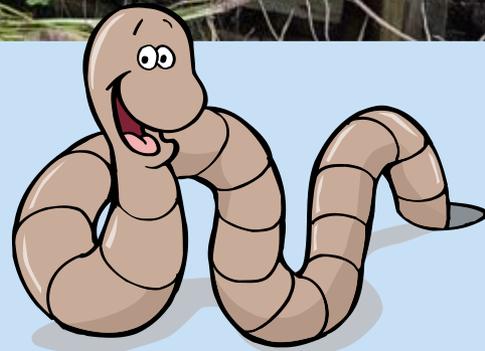
Nitrogen: Any green material such as houseplants, flower trimmings or lawn clippings, contain nitrogen. All vegetable and fruit scraps are also in the nitrogen group.

Carbon: Brown (dry) grass and leaves, paper and cardboard (shredded or in small pieces), plus bread and grains.

Oxygen: The bin or pile must be turned occasionally to allow air to circulate through the mixture.

Water: Keep compost mixture moist - not dripping wet.

Mix: Apply equal amounts of browns and greens, water to keep moist, and turn occasionally. Make sure to avoid food items that contain grease and oils, any meat or dairy products, and fish to avoid odors and rodents. You can throw in Compost Starter from a garden shop to hasten the process. After about 2-4 months, a rich, dark soil will replace the garden and food scraps. Congratulations! With a little effort and lots of organics, you have made your own compost AND reduced your trash by approximately 25 percent!



Vermi-Composting

Vermi-Composting is composting in a closed environment that is assisted by worms. They're not just any worms; they're specific types of worms called a Red Wiggler. Worm bins are typically used for food and paper product recycling.

Contact the University of Nevada Reno, Cooperative Extension at 775-784-4848 for more information about composting.

For more information visit ktmb.org.

Educational Programs

There are a variety of educational programs to teach your students and community groups about the importance of recycling and waste reduction. Contact the following programs to learn more information.

Waste Warriors – 60 minute in-class presentation that has everything from anatomy of a landfill to the specifics of what can be recycled in the Truckee Meadows. Programs can be tailored to older students and adult groups. The program is free of charge. Contact Keep Truckee Meadows Beautiful at 775-851-5185 or staff@ktmb.org for more information.

Go Green! – Partnership with Change 5, the City of Reno, Washoe County School District and Keep Truckee Meadows Beautiful for 5th grade classrooms. This program consists of a Waste Warriors presentation created to meet Nevada State Science Standards for grade 5 as well as a series of activities to promote waste reduction and recycling in the home. Contact Keep Truckee Meadows Beautiful at 775-851-5185 or staff@ktmb.org for more information.

Solid Waste and Recycling Curriculum - The Nevada Department of Environmental Protection staff has created a 12-week curriculum that can be adapted to grades 3-12. This curriculum is intended to develop a sense of stewardship through a series of lessons aligned with the Nevada standard course of study. The curriculum is an integrated approach that meets various science, math, language arts, and social studies objectives. Contact Chet Sergent the Nevada Department of Environmental Protection Northern Nevada Recycling Coordinator at (775) 687-9466 or csergent@ndep.nv.gov for more information.

Bear Awareness, Recycling and Water Quality/Water Conservation – IVGID Waste Not provides presentations to schools and civic groups in the Incline and North Lake Tahoe area on request. Contact 775-832-1284 for more information.



Don't Litter

Easy ways to make sure you are doing your part to keep our community clean

1. Make sure that trash can lids are securely fastened
2. When vehicle windows are down, make sure everything is secure inside
3. Don't throw trash out the window
4. When transporting items in the back of a truck bed, make sure everything is securely fastened



Stash Your Trash

Communities such as Incline Village have special restrictions due to bears that inhabit the area.

Note that it is the responsibility of tenants and property owners to ensure wildlife cannot gain access to garbage. Fines will be issued for non-compliance.

Trash and recycling must be contained in a secure wildlife resistant locations or containers. Waste materials may be placed at the curb AFTER 5:00 a.m. ON DAY OF SERVICE ONLY.

For more information about protecting wildlife from human waste call Incline Village General Improvement District (IVGID) at 775-832-1284 or visit: www.ivgid.org/utilities_services/trash/contain

To report a trash problem call IVGID's 24 hour Trash Complaint Hotline at 775-832-1221.

